



**SREE NARAYANA COLLEGE**  
**CHEMPAZHANTHY, THIRUVANANTHAPURAM**  
**Re-accredited by NAAC with B Grade, CGPA 2.74**  
**Affiliated to University of Kerala**

**CERTIFICATE COURSE IN**  
**COUNSELLING AND GUIDANCE FOR GERIATRIC CARE**  
**Skill Development Programme under UGC-NSQF**

**Offered by Department of Sociology**

**Duration:**  
**6 months**

**Tutorials & Practical**  
**training sessions**

**Age no limit**

**Eligibility Criteria:**  
**Plus two pass**

**Course fee:**  
**Rs 5000/-**

**Last date for applying:**  
**15.11.2020**



**Associating Agency:**  
**CENTER FOR GERONTOLOGICAL STUDIES, THIRUVANANTHAPURAM**  
**KL/2016/0103256 Registrar of Societies 187/83, Kerala, India Date: April 4, 1983**

## Course outline

As a person ages, physical, psychological, emotional, social and economic issues are likely to crop up and hinder the peaceful old age life. Immobility, instability, incontinence and impaired intellect/memory gradually ruins their life efficiency and various Geriatric syndromes specific to aging such as dementia, depression, delirium, vertigo, fear of falling and falls followed by spontaneous bone fractures are likely to occur.

Due to these disorders it is seen that majority of the elderly population are facing feelings of depression, frustration and alienation.

A skill based course on counselling and guidance for geriatric care would bring out a bunch of trained professionals who are well equipped in providing assistance to the health care needs of elderly, whether in hospitals, palliative care centres, old age homes or in residential homes.

## Course Structure

Tutorial Classes on Gerontology, Ageing, Mental health of elderly, and Geriatric Counselling and Guidance with special emphasis on:

- Physical, Psychological, Economic, Emotional & Social problems of Elderly.
- Policies and Programmes for elderly
- Biological, Psychological and Social Causes of Ageing and Common signs of ageing
- Rehabilitation, Institutional and Non Institutional support of elderly.
- Structure and Functions of Old age homes in India,
- Mental Health issues and Care strategies
- Levels of Geriatric Care – including Palliative, Hospice & Respite care.
- Practical Hands on training sessions on Counselling skills and Guidance for the care of Elderly with special emphasis on:
  - Palliative care patients, deserted elderly, bedridden patients, elderly under institutional and home care, Elderly facing morbidity, disability and disasters.
  - Theory and Practical Examination
  - Project and Viva voce
  - One month Internship at registered Health care institutions/Old age homes

## Job Opportunities

- Rate of life expectancy, avenues to address the issues of elderly are also increasing day by day
- There exists a number of dedicated Geriatric Care centres all over the country which focuses on Out Patient Care, In Patient Care, Emergency Care and Home Health Care. They specialize in taking care of physical, psychological, social, cognitive, spiritual and all around well-being of elderly through a personalized care plan, recommendations to improve health and functional ability, counselling, rehabilitation, safe use of medicines together with addressing home and emergency care for the elderly.
- With professional training in the area, individuals can make their career in this profession either associating with hospitals/ health care institutions/ old age homes or by working as free lancers thereby earning not only good monetary fortunes but also high level of satisfaction and respect in the society.

**For prospectus and details visit:**

[www.sncollegechempazhanthy.ac.in](http://www.sncollegechempazhanthy.ac.in)

**Apply online:** <https://forms.gle/3bwbrSRmwwab8GcP9>

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